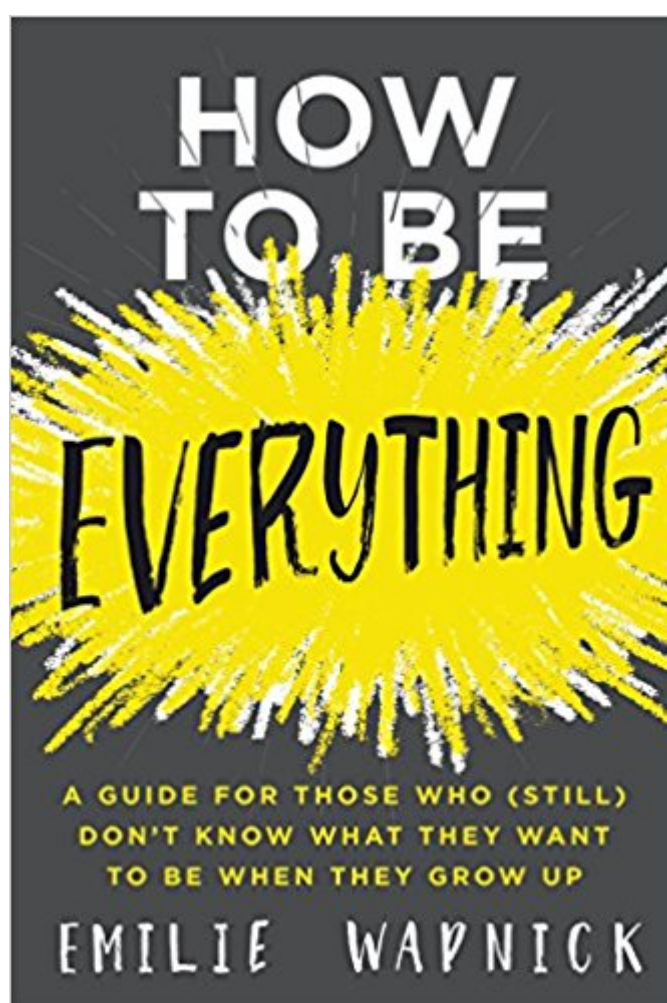


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# How To Be Everything: A Guide For Those Who (Still) Don't Know What They Want To Be When They Grow Up



## Synopsis

What do you want to be when you grow up? It's a familiar question we're all asked as kids. While seemingly harmless, the question has unintended consequences. It can make you feel like you need to choose one job, one passion, one thing to be about. Guess what? You don't. Having a lot of different interests, projects and curiosities doesn't make you a "jack-of-all-trades, master of none." Your endless curiosity doesn't mean you are broken or flaky. What you are is a multipotentialite: someone with many interests and creative pursuits. And that is actually your biggest strength. How to Be Everything helps you channel your diverse passions and skills to work for you. Based on her popular TED talk, "Why some of us don't have one true calling", Emilie Wapnick flips the script on conventional career advice. Instead of suggesting that you specialize, choose a niche or accumulate 10,000 hours of practice in a single area, Wapnick provides a practical framework for building a sustainable life around ALL of your passions. You'll discover:

- Why your multipotentiality is your biggest strength, especially in today's uncertain job market.
- How to make a living and structure your work if you have many skills and interests.
- How to focus on multiple projects and make progress on all of them.
- How to handle common insecurities such as the fear of not being the best, the guilt associated with losing interest in something you used to love and the challenge of explaining "what you do" to others.

• Not fitting neatly into a box can be a beautiful thing. How to Be Everything teaches you how to design a life, at any age and stage of your career, that allows you to be fully you, and find the kind of work you'll love.

## Book Information

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## Customer Reviews

â œWe are all unique, so why does there only seem to be one path towards success? How to Be Everything throws out this one-size-fits-all approach and explains how to make our diverse skills sets work for us. (Todd Rose, Harvard University scientist, co-founder and president of the Center for Individual Opportunity, and author of The End of Average)â œEmilie brings hope, tools, inspiration and affirmation to the most misunderstood and undervalued segment of our society: multipotentialites. I raise my fist in solidarity, and celebrate this groundbreaking book!â • (Pamela Slim, author of Body of Work and Escape from Cubicle Nation)â œIf youâ™ve struggled finding your place in a world that rewards conformity, you know that choosing a single profession isnâ™t all itâ™s cracked up to be. Youâ™re no longer aloneâ™Emilieâ™s HOW TO BE EVERYTHING is a beautiful guide with practical tools to help you find your way without losing yourself.â • (Chris Guillebeau, New York Times bestselling author of The Happiness of Pursuit and The \$100 Startup)â œIf you still donâ™t know what youâ™re doing with your life, Emilie Wapnickâ™s new book will make you feel better.â • (Bustle)How to be Everything helps you understand and process your diverse skills so you donâ™t have to sacrifice your potential. This book will help you fulfill your biggest dreams; all of them! (Buzzfeed)â œHow to Be Everything is an empowering guide...This book is for the kind of people who canâ™t choose just one path because they aspire to be Art Directors + Restaurant Owners + Teachers + Best-Selling Authors + more all in this lifetimeâ • (Darla Magazine)â œFeel-good, encouraging advice on distilling a variety of passions and interests into success. This book is chock full of great exercises and practical advice and we highly recommend picking up a copy. â • (Forbes)

What do you want to be when you grow up?Â Itâ™s a familiar question weâ™re all asked as kids. While seemingly harmless, it has unintended consequences. It can make you feel like you need to choose one job, one passion, one thing to be about. Guess what? You donâ™t.Â Having a lot of different interests, projects, and curiosities doesnâ™t make you a â œjack-of-all-trades, master of none.â • Your endless curiosity doesnâ™t mean you are broken or flaky. What you are is a multipotentialite: someone with many interests and creative pursuits. And that is actually your biggest strength.How to Be Everything helps you channel your diverse passions and skills to work for you. Based on her popular TED talk â œWhy Some of Us Donâ™t Have One True Calling,â • Emilie Wapnick flips the script on conventional career advice. Instead of suggesting that you specialize, choose a niche, or accumulate 10,000 hours of practice in a single area, Wapnick provides a practical framework for building a sustainable life around all of your passions.Youâ™ll discover:â ¢ Â How to identify the best career fit for your unique personality Â â ¢ How to make a

living and structure your work around many interests, especially in today's uncertain job market • How to focus on multiple projects and make progress on all of them • How to handle common insecurities, including the guilt associated with losing interest in something you used to love and the challenge of explaining "what you do" to others Not fitting neatly into a box can be a beautiful thing. How to Be Everything teaches you how to design a life "at any age and stage of your career" that allows you to be fully you and find the kind of work you'll love.

FINALLY. A book with practical and common sense advice for those of us following the multipod way of life. Great reference. Thanks to Emilie and all of those who were interviewed and lent their wisdom to this book.

I didn't realize there were others like me. I'm glad I'm not alone and I appreciated all the practical tips for finding the right balance in my own life. If you have many interests and have a hard time figuring out the best way to harness all your passions, this is the book for you!

A book that describes me and offers real solutions to my real questions. Thanks Emilie!

I vividly remember stumbling across Emilie's Puttylike blog in 2012 and ravenously reading all of her archives in a day. I needed the validation that my multi-faceted, renaissance guy nature wasn't "wrong" or didn't make me destined to be unhappy as I sipped another of life's experiences to see if I liked it. More than validation (which would have been enough), her writing then and her writing now with How to Be Everything gives me the strength to embrace my multipotentialite identity. I've used her stories and insights to find work that lights me up with the ability to use so many of my gifts or quirks. I use what Emilie calls "Group Hug Approach" - someone who wants to combine as many passions, skills, and creative outlets into a single role. With her help, I've been fulfilled as I share my love of (for example) bringing people together, small group facilitation, simple-living, and Excel spreadsheets | all in the same hour. And you know what? People find value in ALL I have to give, not just that small slice of me that I'd otherwise be able to show. HTBE is way more than just Emilie and her clever writing, though. She did some deep research and interviews to bring the stories and action items of other multipotentialites into the light. With all the thoughtful questions or practical exercises sprinkled throughout the book, you'd have to willingly not want to become a more complete version of yourself to finish reading without your own plan to explore your

possibilities. The book is beautifully designed, has some hand-drawn images straight from Emilie, and is broken up into small enough chunks to jump in even if you only have a few minutes. However, I would like to see an updated version with an emphasis on shorter paragraphs and better transitions into the case studies and historical anecdotes. I can recommend *How to Be Everything* with every fiber of my being. So my hope is that you can benefit from Emilie's multipotentialite world even half as much as I have.

It is a nice book on scanner personalities. It made me feel better about who I am. I can clearly recommend it to anyone who feels like they have too many interests.

"How to be Everything" is brimming with helpful insight, tips, encouragement, exercises, and motivation to help multipotentialites (or people with a diverse range of creative and career pursuits) to understand the tremendous strength in being "wired" this way, provides ideas on how to leverage their strengths, realize their passions, and feel empowered to pursue them. I can't explain inexpressible comfort in having another soul validate that there isn't anything wrong with me just because I haven't gone down a linear path career-wise like so many of my friends and family who have found their "one true calling." This idea of the multipotentialite has been a revelation for me—it's helped me to understand myself, and more than that, it's helped me to deeply APPRECIATE, instead of resent, my propensity for bopping around in hot pursuit of the next thing that's going to set my soul on fire. This is a lovely and compelling read, and I will (and already have) recommended this to friends and family who I think could benefit from this insight.

To be everything, and is all in the book.

A very good read. Very encouraging and inspiring.

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